

To the Honorable Select Board:

The Board of Health herewith submits their Annual Report for the period July 1, 2020, through June 30, 2021.

REPORT OF THE HEALTH DIRECTOR/PUBLIC HEALTH NURSE

The mission of the Milton Health Department is to achieve the highest level of wellness for all Milton residents by adopting reasonable health regulations, providing preventative health programming, and preparing and planning for public health emergencies and pandemics. Under the guidance of the elected Board of Health, the Board's professional staff assesses the public health needs of the Milton community. The staff addresses those needs by enforcing state and local public health and environmental health regulations and by providing public health nursing services, health promotion activities, emergency preparedness and response planning, community health education and reducing environmental health hazards. The Board of Health consists of three members elected by the citizens of Milton, and a volunteer Medical Advisor, Dr. Anthony Compagnone. The Milton Health Department staff is comprised of a full time Director/ Public Health Nurse Caroline Kinsella, a full-time Health Agent Laura DelleChiaie, a part-time 16 hr. Public Health Nurse Susan Poirier, and a part-time 21.5 hr. Senior Administrative Clerk Jean Peterson. This year we were delighted to congratulate Laura Richards on her re-election to the Board of Health for a three-year term. The Milton Substance Abuse Prevention Coalition staffing includes Program Director Laurie Stillman and two part-time Project Coordinators, Margaret Carels and Stormy Leung.

BIOTERRISM AND EMERGENCY PREPAREDNESS

Increasing concern for emergency preparedness requires that the Milton Health Department increase its emergency response capabilities. The Health Department staff continued to be an integral part of the Local Emergency Planning Committee. The LEPC meets during the year to develop response plans for emergencies and reviews the Town's Emergency and Infectious Disease Plans.

The Health Department staff also continued its participation in the statewide region 4AB for local response to bioterrorism preparedness. We received a grant for \$ 2,880.00 which was used for training and equipment to enhance local public health emergency preparedness. Our region consists of 26 communities surrounding Boston, with a total population of just under one million. The goal of the regional system is to ensure adequate resources are available to prepare and protect residents from terrorist attacks and natural disasters and to develop and implement plans, procedures and protocols to ensure effective and efficient coordination of public health and public safety resources. The Milton Emergency Operations Plan Manual has been updated so that the Health Department team will have a resource readily available to them in case of an emergency. Regional representatives meet monthly to plan and develop a model for effective and efficient delivery of all public health services, not just emergency or bioterrorism response. The Health Department also works closely with Beth Israel Deaconess Hospital-Milton.

The Milton Medical Reserve Corps (MRC), along with the Towns of Canton, Dedham, Needham, Norwood, Walpole, Wellesley, and Westwood, participated in emergency preparedness trainings and drills (collectively referred to as Norfolk County-8). The NC-8 MRC

is in the process of changing to the MA responds model for recruitment of volunteers.

COVID-19 PANDEMIC

This year, the Health Department was extremely busy with case surveillance and contact tracing during the COVID-19 pandemic crisis. This calamity highlighted the lack of infrastructure in local public health departments to manage the magnitude and challenge of the COVID-19 pandemic. The first case in Milton was identified on March 1, 2020, and by June 30, 2021 Milton had 2,384 confirmed and 198 probable cases. The Coalition for Local Public Health requested additional resources and funding from Governor Charlie Baker at the start of the pandemic and the Massachusetts Health Officers Association was the fiscal conduit. Our Public Health Nurse was then able to increase her hours from 16 hours to full-time and we were able to hire an additional three Public Health Nurses per diem to assist with the COVID-19 case influx. The Health Director advocated for a new Assistant Health Director and presentations and data were presented to the Personnel Board, and the Warrant Committee, both of whom unanimously approved the new position. Finally, Town Meeting members approved this request to fund the Assistant Health Director position. The Health Department was also granted permission from the Town Administrator, Michael Dennehy to move into a larger office space to store our additional supplies. Thank you to the Assessor's Department for switching office space with the Health Department!

The Health Department recorded numerous Milton Access Television (MATV) presentations instructing residents about how to decrease transmission of the virus and how to protect themselves by using face coverings, social distancing, and frequent handwashing. As schools, restaurants, gyms, businesses, and other institutions initially closed to the public we fielded numerous questions and consulted on various best safety practices. The guidelines from the State were changing rapidly as more information was obtained about COVID-19. The evolving guidelines were presented to the Health Department via two webinars and two State conference calls weekly from the Massachusetts Department of Public Health. The Health Department informed residents of these ever-changing guidelines, and best practices which added to our workflow and caused much uncertainty and anxiety for the residents of Milton. We continue to field many phone calls and emails from concerned residents asking to clarify regulations and re-opening orders from Governor Charlie Baker. The Health Director and Public Health Nurse worked collaboratively with the Milton schools, both public and private, Milton daycares, Curry College and Milton Academy to review guidelines and answer questions. The Health Director provided the Select Board with numerous updates and presentations specific to COVID-19 and how it affected our community.

“Protect, Promote, Prevent” is the mantra of Public Health, to promote healthy communities, encourage healthy behaviors, and decrease the spread of disease by preventing its spread. In January 2021, the Massachusetts Department of Public Health distributed no more than 100 doses of Moderna vaccine weekly to the Milton Health Department. The Health Department set up COVID clinics twice per week at the Council on Aging and per guidelines, distributed the vaccine to First Responders, and EMS, then to residents over 75 years old. Over 800 doses were distributed and administered with assistance from Town Hall employees, the COA staff, the Milton Police and Milton Fire Department. It was all hands-on deck to manage the clinics with 10-15 staff coordinating the flow of residents and managing a new State software program known as Prep-Mod that recorded resident insurance information and reviewed

questionnaire modules.

ENVIRONMENTAL HEALTH

Environmental health activities are determined by legal mandate, complaints, licensure, permit requirements, inquiries, and regulatory enforcement of local and state regulations. Activities include the licensing and inspections of food establishments, housing code inspections and enforcement actions, public and semi-public swimming pools, ponds, solid waste handling practices, animal, insect and rodent control, and the abatement of general nuisances including tobacco as well. Additional concerns include asbestos removal, lead in the environment, hazardous waste and indoor air quality. The Health Director and Health Agent virtually attended public health organization, state, and national trainings this year on numerous environmental health topics.

The Health Department is now working with the Town Treasurer James McAuliffe and the Attorney General's Office on a program called the "Neighborhood Renewal Division" Blighted and neglected properties, abandoned by their owners in residential areas, create safety and health hazards. This program works to identify abandoned residential properties in Milton, appoint a receiver, and bring the property into compliance with the State Sanitary Code.

The Health Department would like to thank our Septic and Title 5 consultant Paul A. Brogna, P.E. of Seacoast Engineering for his invaluable assistance, knowledge, and proficiency. Paul works tirelessly to review submitted subsurface sewage disposal plans and ensures their compliance with the State Environmental Code Title 5 regulations. He is patient, knowledgeable and a pleasure to work with.

WEBSITE

The Health Department's web page contains useful health information as well as meeting schedules and minutes, annual reports, regulations, application forms and lists, fee schedules, important web links and emergency preparedness information for residents and the Medical Reserve Corps. Please visit us at www.townofmilton.org, click on 'Departments', then 'Health Department'. We have also created a Facebook page (Milton Board of Health) and Twitter account (@miltonboh) to keep residents up to date on local public health and as a means of communication during emergencies and the COVID-19 pandemic. Since the pandemic the Health Director has updated the town website daily to include COVID-19 case counts and valuable data information for the Milton community. A special thanks to Boston University Assistant Professor Patricia A. Janulewicz Lloyd, and Environmental Health Doctoral Student Jeffery Carlson for creating google sheet tracking documents to inform Milton residents of daily statistics specific to COVID-19.

NORFOLK COUNTY MOSQUITO CONTROL DISTRICT

The threat of West Nile Virus (WNV) and Eastern Equine Encephalitis (EEE) continued this year. The Norfolk County Mosquito Control Project (NCMCP) continued to focus on source reduction, water management, larvicide, salt marsh management, mosquito trapping and testing, and ground-based nuisance spraying for mosquitoes based on residents' requests and mosquito activity monitoring.

MASSACHUSETTS ENVIRONMENTAL HEALTH ASSOCIATION (MEHA)

This organization is devoted to improving local public health practice and increasing educational and funding opportunities for local boards of health.

TOBACCO CONTROL

The Health Department continued its enforcement of the Tobacco Control Regulations aimed at preventing the sale of tobacco to persons under 21 and the sale of flavored tobacco products. Beginning June 1, 2020, the sale of flavored combustible cigarettes and other tobacco products, including menthol cigarettes and flavored chewing tobacco, was restricted to licensed smoking bars where they may be sold only for on-site consumption. Also in effect on June 1st is the addition of a 75 percent excise tax on the wholesale price of nicotine vaping products, in addition to the state's 6.25 percent sales tax.

PUBLIC HEALTH OUTREACH

Our efforts in this area included distribution of educational materials, press releases and cable television productions in collaboration with Milton Access Television (MATV) on pertinent public health issues, including emergency preparedness and COVID-19. We also assisted in numerous requests for information on radon, lead paint, asbestos, Title 5, septic systems, safe food handling practices, mosquito control, West Nile Virus, Eastern Equine Encephalitis and Rabies. A monthly health article is written and submitted to the local newspaper, the Milton Times. The public health nurse also administered 40 COVID-19 vaccinations to homebound residents.

MERCURY RECOVERY PROGRAM

The Health Department offers a mercury collection program to prevent mercury from entering the waste stream. Items accepted at the Health Department include thermostats, thermometers, button cell batteries, and elemental mercury. Also, a free digital thermometer was provided for every household that brought in mercury thermometers.

MEDICATION AND SHARPS DISPOSAL PROGRAM

The police station provides a 24/7 oral medication disposal kiosk in the front lobby for residents. The Health Department also provides a Sharps Disposal Program in our office. For a small fee, you can purchase Sharps containers to dispose of them properly.

SUMMARY PUBLIC HEALTH INSPECTION SERVICES
(*Numbers may be lower due to the COVID-19 Pandemic)

Food Establishments (routine inspections, re-inspections & consultations)	228*
Housing Code Enforcement	53*
Restaurant/Food Complaints.....	25*
Public Health/Environment/Nuisance Complaints	21
Rodent/Animal Complaints	39
Misc. Inspections (tanning).....	1
Recreational Camps for Children (plan reviews, consultations, and inspections).....	11*
Septic System Installation Inspections.....	17
Septic System Percolation Tests/Soil Evaluations.....	7
Septic System Plan Reviews and Consultations	9
Trench Permits	7
Swimming Pools (public and semi-public).....	8*
Beach/Pond	1
Demolition Policy Reviews	7
Tobacco Inspections.....	0*
Stable Inspections	0*

SUMMARY OF THE BOARD OF HEALTH PERMITS ISSUED

Burial Permits	636
Disposal/Septic System Construction Permits.....	8
Disposal/Septic System Installers	16
Food Establishments	82
Farmers Market Food Permits	6*
Food – Catered Events	30*
Food - Temporary Events	5*
Ice Cream Trucks	3
Food – Kitchen Plan Reviews.....	7
Residential Kitchens	4
Funeral Directors	10
Indoor Skating Rinks	0
Recreational Camps for Children.....	11*
Rubbish Contractors.....	8
Septage Haulers	8
Stables - Commercial.....	1
Swimming Pools - Public and Semi-Public.....	5*
Beaches and Ponds.....	1
Tanning Facilities.....	1
Tobacco Retailers.....	9

REPORT OF THE PUBLIC HEALTH NURSE

The 2020-2021 seasonal influenza season was extremely mild. We had 1 confirmed case of seasonal flu in the Town of Milton compared to 118 cases the previous year. We scheduled eight seasonal flu clinics, which included all the senior housing sites, Milton High School, Council on Aging (for all town residents) and an Employee Health Clinic. Other responsibilities include communicable disease surveillance, Direct Observation Therapy for active Tuberculosis residents, emergency planning and preparedness, town employee blood pressure screening, community health outreach, summer camp inspections to screen for proper immunizations, and public health nurse resource for the schools and community. The Health Director/Public Health Nurse attended monthly Zoom Board of Health, NC-8, LEPC (Local Emergency Planning Committee), and MAPHN (Massachusetts Association of Public Health Nurse) meetings and submitted quarterly reports.

COMMUNICABLE DISEASES

A total of 2,075 COVID-19 confirmed cases, 159 COVID-19 Probable, and 1,567 close contacts were contacted by the Milton Health Department and the Community Tracing Collaborative sponsored by Partners in Health for contact tracing follow-up. These residents were informed of Massachusetts Department of Public Health information and guidance pertaining to isolation and quarantine time periods. The isolation period is defined as 10 days, but may be longer if symptoms persist. The Quarantine period was originally a full 14 days, then after more data collection by the State Department of Public Health, it was reduced to 7 days of strict quarantine if a PCR test was performed and was negative on day 5, 10 days of strict quarantine if no symptoms and active monitoring and 14 days of strict quarantine if the individual experienced any symptoms. A total of 30 other confirmed, contact, or probable communicable diseases were noted. A complete listing of the confirmed, probable and suspect cases according to case definitions from the Massachusetts Department of Public Health are on file.

There were zero active cases of Tuberculosis this year. The Tuberculosis status of 21 latent TB residents were monitored by their primary care doctors.

COMMUNITY HEALTH

A total of 900 doses of seasonal flu vaccine were administered at numerous clinics and schools. The Massachusetts Department of Public Health provides flu vaccines for children, Mass Health patients, and uninsured residents only. This year, the Health Department had to increase the number of privately purchased vaccines that we would need to supply for our flu clinics. All the flu vaccines administered had to be documented in the Massachusetts Immunization Information System (MIIS) State tracking system, and processed for reimbursement through Commonwealth Medicine, which was very time consuming.

One resident receives monthly Vitamin B-12 vaccines at their residence.

Eleven recreational summer camps were inspected, as opposed to two the previous year, and health records for children and counselors were reviewed for current immunization status. Camp policies and procedures were reviewed as well as medications administered at the camps.

The Public Health Nurse in partnership with the Milton Public Library performed blood pressure checks on the first Tuesday of the month at the library. This was suspended during the Pandemic.

EDUCATION/PLANNING

During the year, the Health Department obtained continuing education credits for seminars and virtually attended the annual conferences of Massachusetts Association of Public Health Nurses (MAPHN), Massachusetts Environmental Health Association (MEHA), and Massachusetts Health Officer's Association (MHOA). In addition, the Local Public Health Institute provided online CEU's. In addition, Health Agent Laura DelleChiaie secured a \$3,000 grant from the Association of Food and Drug Officials for Milton Training Funds as part of the Retail Standards, grant program.

COMMUNITY RELATIONS

The Health Department Director/Public Health Nurse serves as the Chair of the Milton Substance Abuse Prevention Coalition and is a Member of the following organizations: Region 4AB Emergency Planning Committee, Region NC-8 Local Emergency Planning Committee, Massachusetts Health Officers Association, CHNA 20, Massachusetts Association of Public Health Nurses, Health and Wellness Committee at Milton High School, BID- Milton Community Benefits Committee, Solid Waste Advisory Committee, and Town Meeting member. In addition, she is a Board member on the Council on Aging and serves as Treasurer.

Caroline Kinsella is a past president of MAPHN and served two years. In addition, she has previously served on the MAPHN Board, elected as Treasurer. She is the Executive Director of MAPHN, and she currently serves as Treasurer for the Southeast Nursing Chapter.

PARTNERSHP FOR A HEALTHY MILTON INC.

Partnership for a Healthy Milton was officially recognized as a tax-exempt organization on February 15, 2018. The purpose of the Partnership for a Healthy Milton, Inc. was to establish a non-profit organization which promotes and protects the health and wellbeing of Milton residents and Town of Milton workforce. Through collaborations with community leaders, residents, and partnering organizations, Partnership for a Healthy Milton will support a variety of public health and behavioral health activities in the Town of Milton Massachusetts. These programs and initiatives will work to promote healthy people in a healthy community environment, including the social determinants of health and health equity. Partnership for a Healthy Milton will emphasize the prevention of illness, premature death, and disability. Partnership for a Healthy Milton, Inc, was created with the intent of qualifying as a non-profit organization which is entitled to receive charitable gifts, donations, grants and property from all

sources, and to fundraise for programs and practices that endeavor to support a healthier Milton population.

The Board members include President Dr. Marian Hannan, Clerk Pricilla Neves, Treasurer Casey Corcoran, Directors: Dr. Linda Hudson, Denise Carbone, Deborah Greene Muse, Jonathan Pincus M.D., and Health Director Caroline Kinsella. This past year we had a number of virtual community presentations and speakers who discussed what services the organization was providing to Milton residents. We are currently working on action steps and working groups about areas we would like to concentrate on.

COMMUNITY OUTREACH & GRANT OPPORTUNITIES

The Milton Substance Abuse Prevention Coalition (MSAPC) is one of the most exciting initiatives within the Milton Public Health Department. There are 15 members representing different sectors in our community, who are residents charged with making policy and programmatic decisions. The Milton Substance Abuse Prevention Coalition (MSAPC) has achieved a great deal over the past year to prevent and address substance abuse, thanks to the strong partnerships and volunteers that the Coalition has fostered across Town. With over 850 community supporters, the Milton Substance Abuse Prevention Coalition is setting a new standard for community assessment, involvement, and change. In recognition of their progress, the Federal Substance Abuse and Mental Health Services Agency (SAMHSA) awarded the Milton Health Department a \$125,000/year Drug Free Communities grant to support the Coalition's hiring of two part-time Project Coordinators and subject matter experts, Margaret Carels and Stormy Leung as well as to subsidize the cost of new initiatives in the community. Another \$125,000/year in financial and in-kind support was raised to match the grant, for a total of \$250,000 of new public health resources for Milton. Project Coordinator Stormy Leung procured two grants, \$5,000 from the Norfolk County District Attorney and \$4,000 from the 84 Movement which funded Youth Mental Health First Aid Training and stipends for students. These additional dollars included funding from two legislative earmarks secured by Senator Walter Timilty, and generous donations from Mike's 5K to Crush Substance Abuse as well as a generous grant donation from BID Milton Hospital. Support from Milton churches, civic organizations, and private citizen donations were also received. These dollars supported an innovative prevention program in the schools and in the Community entitled "Drug Story Theatre", and support for the PARENT program in the Milton Public Schools. The focus of the Coalition has been to reduce underage drinking, marijuana use, and vaping—three substances used all too frequently by our youth. A "Rethink the Drinks" campaign was launched, along with a website, (www.rethinkthedrinks.com), to help parents understand the perils associated with youth binge drinking and to provide them with tips about how to talk with their children. Monthly articles have been published in the Milton Times entitled, "Mind Matters" to help reduce the stigma and misapprehensions about behavioral health and substance use disorders. Finally, the Coalition partnered with various Town departments to assist our residents access free help and resources when facing addiction or mental illness. "Milton Cares" is a confidential program, organized through the Milton Police Department, whereby residents

who have overdosed are visited by a team of substance use counselors. The William James Interface Referral Service provides access to a free Helpline for Milton residents who desire access to mental health services. Interface served about 90 Milton families this past year. The Helpline number is 888-244-6843 and is available Monday-Friday, 9am-5pm.

To learn more about the findings in our community assessment, the proposed strategies in our strategic plan, or to find educational resources for preventing and coping with substance abuse, please visit our website, maintained by exceptional volunteer and Milton resident, Steve Nelson, at www.milton-coalition.org.

REPORT OF THE MILTON SUBSTANCE ABUSE PREVENTION COALITION

The Milton Substance Abuse Prevention Coalition (MSAPC) staff pivoted its work this past year, in response to the constraints posed by COVID-19, by conducting a number of informative on-line educational and skills-building workshops for parents and teens, as well as by building the services and assets of our community to support our youth making positive choices and promoting their mental health.

One of the key areas the Coalition worked on was forming a youth coalition to help make Milton a place that can better support teens, enhance their involvement in town decisions, and improve their prosocial opportunities. Teens aged 13-18 named their new coalition *Milton Youth Advocates for Change (MYAC)* and The MSAPC hired a professional youth development organization to help their youth coalition do strategic planning and provide them with skills for more productively using their voice with adults in Town. The Milton Substance Abuse Prevention Coalition also sponsored a number of workshops with Town leaders to help them better understand the value and skills needed to effectively communicate with youth in their program planning. Over 30 town leaders participated.

The Milton Substance Abuse Prevention Coalition offered a number of online educational webinars for parents to help them understand how to recognize and respond to mental health problems, particularly during the pandemic which took a particular toll on our children and youth. We also partnered with the Milton Interfaith Clergy Association to offer an informative program on the opioid epidemic.

To keep residents informed, Milton volunteers Lil Cronin and Maile Panerio Langer wrote a monthly column in the Milton Times called, "Mind Matters". Additionally, volunteer Steve Nelson continued to update our very popular website, which had over 3,000 new users in the past year. The website is continually updated with contemporary information about the Coalition's activities, information for adults and teens, as well as services to help families cope with a variety of drug, alcohol and other behavioral health issues.

We partnered with the Police Department on hosting two prescription drug takeback days which resulted in hundreds of pounds of expired or unused drugs to be safely disposed of at the Police Station. In addition, we partnered with a number of local take-out food and alcohol

retailers on a “Sticker Shock” program. Thousands of stickers were placed on merchant’s bags reminding their customers not to supply alcohol to teens.

We also produced two home-grown videos, with the assistance of Milton Access Cable TV, on the topics of safely managing pain without the use of potentially addictive opioids and the other on the topic of youth substance use in Milton. We look forward to showing them to the Community over the coming year.

The Milton Substance Abuse Prevention Coalition focused substantial resources on promoting youth mental health this year. To that end, we partnered with the Milton Foundation for Education to produce and deliver a new Resource Guide for every Milton public school family. We also received funding from the Milton Public Schools, Milton Police Dept, Milton Health Dept and BID Hospital-Milton to offer the William James College Interface Referral Service, a mental health helpline, free of charge to all Milton residents and workers.

We want to thank our major contributors including the federal Drug Free Communities Grant, a State earmark sponsored by Senator Walter Timilty, a grant from BID Hospital Milton, and generous support from Mike’s 5K to Crush Substance Use. We are proud of all that we have accomplished, and our work was highlighted nationally this year by the U.S. Centers for Disease Control and CADCA, our professional association.

REPORT OF THE INSPECTOR OF ANIMALS

Local Board of Health Regulations, Chapter 1, governs the (*The Keeping of Animals in the Town of Milton*) for both commercial and private uses. To ensure compliance with the local regulations and pursuant to the Massachusetts Department of Food & Agriculture, Division of Animal Health, the Milton Health Department annually inspects the one commercial stable in Milton and the nine privately licensed stables (inspections were waived this year due to COVID-19 per MDAR). The inspections assessed cleanliness and sanitation, bedding supplies for the animals, food storage practices, and most importantly, monitored the manure storage and handling. The inspections are critical to avoid the creation of nuisance conditions and breeding grounds for rodents and other pests. Inspections of chicken coops occur after complaints, but routine annual inspections of chicken coops are not required. The Animal Inspectors retain a record of those residents that raise chickens. Residents are encouraged to notify the Animal Inspector if they keep domestic fowl, but a permit is not required. Please call the Health Department at 1- 617-898-4886. Residents are also encouraged to call the Inspectional Services Department to ensure proper setback requirements of coops and pens per zoning regulations.

All biting and scratching incidents reported to the Health Department were investigated to make sure that the animals involved were current on their rabies inoculations. The investigations included both animal-to-human contact, as well as animal-to-animal contact. Various types of quarantines were issued (isolation, strict confinement or close observation) depending on the circumstances of the contact and the immunization status of the animals involved. Follow-up was conducted at the end of the quarantine periods to authorize the release of the animal. During this fiscal year the following numbers of quarantines were issued:

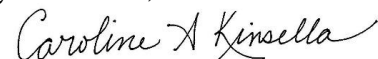
10 days.....	26
45 days.....	7
4 months.....	1
Total.....	34

Due to the incidence of rabies in our community and throughout the State, animals suffering from wounds of unknown origin receive the strictest quarantine. The period varies from 45 days to 4 months, depending on the vaccine status of the animal and type of exposure. Domestic animals who bite humans or other domestic animals receive a 10-day strict confinement order. Regular contact is required to assess the health status of all animals under quarantine and to make sure that they are quarantined as defined by the State Department of Food & Agriculture, Division of Animal Health.

The Milton Health Department received more animal-related complaints than usual in the last fiscal year. The Health Department realized “The Keeping of Animals in the Town of Milton” regulations required various language revisions to reflect proper enforcement actions. Health Agent, Laura DelleChiaie, collaborated with Town Counsel over a 6-month period to make said revisions. Additionally, she spoke with the Massachusetts Department of Agriculture as well as various experts in the field to get a sense of best practices for the keeping and caring of farm animals. Surrounding towns and municipalities with similar geographic landscapes were compared with Milton’s to see which keeping of animal practices were best suited for Milton’s environment. Numerous public meetings were held late into the night to hear from the public regarding their comments about the revisions to the regulations. Comments and concerns were taken into consideration although not all comments made it into the finalized version. The regulations were eventually passed in November of 2020. We are hoping these revised regulations will portray enforcement actions clearer as well as hold permit stable operators to a higher standard than with Milton’s former regulations.

The Health Department would like to thank Milton Animal Control Officer Nancy Bersani, who is also one of the designated Animal Inspectors. She provides our Department assistance with the responsibilities of the Animal Inspector and contributes her invaluable knowledge, expertise, and dedication.

Respectfully submitted,



Caroline A. Kinsella, B.S.N. R.N. R.S.
Health Director/Public Health Nurse

Thank you, to volunteer Lillian Cronin LICSW for creating monthly “Mind Matters” article submissions to the Milton Times on numerous mental health and substance abuse issues on behalf of the MSAPC. Thank you very much to Steve Nelson who has volunteered his time

and talents managing the MSAPC website and for documenting a photographic journey of our growing Coalition over the last five years. The Milton Times has covered so many of the Coalitions achievements pro bono over the last five years and has been a champion of Public Health. Michael Lynch and his team at MATV were extremely supportive and helpful, working with the Health Department to produce numerous public service announcements to update the public during the pandemic and assist the MSAPC create informational videos.

In closing, the Health Department and Board of Health would like to express its gratitude to each of the other Town departments and agencies, without whose help our work would be more difficult.

Respectfully submitted,

The Board of Health

Roxanne Musto, RN-C, MS, ANP, Chair
Laura T. Richards, Esq., Secretary
Mary F Stenson, BSN, Member